The Fort Huachuca Scout



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The dangers of distracted driving

BY THOM WILLIAMS

SCOUT STAFF

Americans have turned their vehicles into rolling discotheques, phone booths, restaurants and theaters and the consequences of multitasking while driving are taking its toll on U.S. roadways as the National Highway Traffic Safety Administration estimates that 25 percent of all automobile accidents are caused by distracted driving.

"Because of the multi-tasking that people are going through now, I'd estimate that the car has become 10 times more dangerous as what it used to be," Jerome Mester, director of safety for Fort Huachuca, said

According to the NHTSA Web site, research indicates that whether it is a hands-free or a hand-held cell

phone, the distraction of talking on a phone is significant enough to degrade a driver's performance. This can cause a driver to miss key visual and audio cues needed to avoid a crash. The research does not provide a definitive answer as to which behavior is riskier.

In a study, comparing eating and operating a voice-activated cell phone to continuously operating a compact disc player, it was found that the CD player operation was the most distracting activity. Results also show that manual dialing of a mobile phone is about as distracting as grooming and eating, but less distracting than reading or changing CDs.

With DVD players, sound systems and navigation systems all vying for a driver's attention the

NHTSA offers these tips to help drivers keep their eyes on the road.

Make adjustments to vehicle controls—such as radios, air conditioning, or mirrors—before beginning to drive or after the car is no longer in motion.

Don't reach down or behind the driver's seat, pick up items from the floor, open the glove compartment or clean the inside windows while driving.

Mornings can be hectic, so set your alarm clock to allow time for personal grooming at home rather than in the car.

When driving in unfamiliar areas, plan your route before driving. If you need to refer to a map while driving, park the car before reading the map or ask a passenger to read the map and help navigate.

It's understandable that drivers will talk with passengers, but it is best to avoid very emotional conversations while driving.

For cell phone conversations, pull over to the side of the road before beginning a conversation, or wait until you reach your destination.

The safest time to use a cell phone while driving is when stopped. With a little preparation and planning busy Americans can keep their eyes on the road and can go about their business with everyone staying safe.

Editor's note; information for this article was taken from the National Highway Transportation Safety Administration Web site at www.nhtsa.gov.

Firearm regulations and safety procedures for post

BY PROVOST MARSHAL OFFICE

During recent random vehicle inspections during the past few months at Fort Huachuca's Main and East gates, police and security officers have found several unregistered personal fire

Fort Huachuca Regulation 190-14, which covers the registration, possession, and use of privately owned weapons and ammunition, states that privately owned shotguns, rifles and handguns are allowed to be carried on post, but they must be registered with the Fort Huachuca Military Police Vehicle and Registration Division.

Privately owned weapons that are transported in a vehicle will be placed unloaded in a holster case or scabbard and placed in the vehicle trunk or in a locked container not easily assessable by the occupants.

Privately owned weapons that are carried physically must be carried unloaded except while actually hunting or within the confines of an established shooting range.

Residents of Fort Huachuca can store their weapons at their living quarters, but barracks residents must keep their privately owned weapons stored in their unit's arms room. "No one is allowed to carry a concealed weapon on post unless they are law enforcement personnel," said Ollie Shears, Law Enforcement Division Operations manager.

There are five types of weapon registration. Class A registration permits the owner to retain the weapon in his or her family, bachelor, officer or noncommissioned officer quarters (excluding those located in the barracks) unit arms rooms or the Sportsman's Center with written authorization from their commander.

Class B registration applies primarily to soldiers who live in the barracks and permits the owner to retain the weapon in the arms room of his or her unit or the Sportsman's Center with written authorization from the commander.

Class C is temporary registration that permits the owner to register their weapon for a period of 24 hours.

Class D registration permits the sponsor of sanctioned shooting matches or similar sporting events to provide for the registration or participants.

Class E registration allows soldiers to store their weapons at a location other than those specified in Class A, or Class B.

This also requires written permission from the unit commander at the time of registration clearly stating the approved alternate storage location.

It is the soldier's responsibility to notify their commander when a weapon is transferred or the storage location is changed.

Gun owners should not bring their weapons to the MP Registration Office, just fill out the registration forms that you can get at the Vehicle Registration Office in Whitside Hall (Bldg. 41330) and provide bill of sale information which should include the serial number, make, model and action type. For more information, call Vehicle and Weapons Registration at 533-1840.

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.Thom Williams

Army launches spouse employment Web site

ARMY NEWS SERVICE

The Army has announced a new spouse employment Web site containing more than 26,000 job vacancies.

The address for the new site is www.militaryspousejobsearch.org.

It is designed to provide spouses employment opportunities while fulfilling corporate America's demand for skilled workers.

Military Spouse Job Search is a database where spouses can build their resumes and research valuable information. Spouses can also access

career tools, labor market information, career assessment, training and education opportunities as well as information on colleges and technical schools.

The site also has a financial aid center for spouses considering going back to school and a relocation center for families considering a permanent move or temporary change of location.

The new Web site is a joint venture between Army Spouse Employment Partnership, U.S. Community

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Pet safety in the desert

BY ROB MARTINEZ

SCOUT STAFF

The transient influx in to the Fort Huachuca and Sierra Vista area is not limited to just humans; along with people come their pets, and they come from a variety of environments.

There are a few dangers particular to the desert environment that pet owners should be aware of.

Capt. Christina Truesdale, officer in charge of the Veterinary Treatment Facility, believes the biggest problem is

"A lot of animals are not accustomed to heat," she said. "They need to have

shade and a large supply of clean water. Some dogs won't drink dirty water."

She recommended keeping the water out of the sun so it won't get heated, and to use the type of bottle dispenser that replenishes the water in the dish when its gone.

She also said it is illegal to leave animals in vehicles for any amount of

"It can reach 130 degrees in minutes," she said.

"It's the same with cats. And they're not supposed to be loose. They will be picked up by the Military Police," she

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MWR outdoor storage to double size of lot

BY THOM WILLIAMS

SCOUT STAFF

The Directorate of Morale. Welfare and Recreation outdoor storage lot on Fort Huachuca is undergoing a facelift and doubling in size. The facility is expanding into the former military police impound lot on Hunter street. The fence that separated the facilities has been torn down and workers have cleared the debris on the ground.

"We're expanding because the demand is there," Glen Barnwell, recreation specialist and supervisor of MWR Rents said. In its present configuration, the facility can store about a 100 vehicles. Vehicles parked in the area range from class A recreation vehicles. boats and horse trailers to vehicles belonging to Soldiers that have deployed or are on TDY

The recreation specialist



Apache Flats RV Park also provides parking space for recreational vehicles.

figures that half of his customers are retirees and civilians from offpost and the others are on active duty. "I have a lot of people who can't store their vehicle at their quarters so they store it here." he said.

There are plans to initially move all the vehicles in storage to the new section of the lot, to allow for the clearing of weeds and vegetation. MWR plans to put a different type of surface in

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Bikes for books

Eight Carmichael Elementary School students receive a bike for scholastic achievement during the "Bikes for Books" soldier campaign. The soldiers represent various Army units and all are members of the George W. Prioleau Lodge #13. The soldiers began the campaign to promote reading amongst youth.

Panther Band entertains friends and family at Smith Middle School



Photo by Rob Martinez

The members of Panther Band during their summer concert.

BY ROB MARTINEZ

SCOUT STAFF

Smith Middle School held "A Summer Concert" last week. The band was comprised of fifth through eighth graders, all of whom had attended a two-and-ahalf week summer band camp.

The August 18 concert in-

cluded such pieces as "America The Beautiful," "Superstition Overture," and "A Touch of Baroque," and also a trumpet solo, and a drum solo lead by band director Daniel T. Howdeshell who played his djembe (a West African hand drum).

"I always have a good time," Howdwshell admitted. "That's what it's all about, sometimes great to not have to be waving the sticks all the time."

The concert was the fruit of the experience the students gained at band camp. According to Howdeshell, who's been directing all Fort Huachuca Accommodation schools band members for 27 years, the camp allowed beginning level students to work with students with more experience, thus creating a smoother transition into the next school year.

'Beginning level' seems a misleading name; the band's performance was quite impressive according to one audience mem-

Sgt. First Class Jeremy Howe, a tuba player for the 36th Army Band, was there to hear his son, Nicholas, who plays the trumpet.

"It's not what I'm used to hearing from a middle school band ... much better," he said.

The Panther Band has concerts scheduled for October 7, 1:30 p.m., and October 12, 7:00 p.m. Check the Fort Huachuca School's web page for more information, www.fthuachuca.k12.az.us, or call (520) 458-5082.

Soldier Self Care Program saves army time and money

BY ESAU LOLIS

SCOUT STAFF

Waiting extended periods of time to see a physician for minor injuries or illnesses and receive a prescription for over the counter medications is a thing of the past thanks to the Soldier Self Care Program.

The Soldier Self-care Program was developed by the U.S. Army Center for Health Promotion and Preventive Medicine for implementation at the Raymond W. Bliss Army Center and other health systems Army wide.

The program allows soldiers and their families to go directly to the pharmacy to get over-thecounter medications they would otherwise go through a physician to acquire.

Participants in the program receive a one-hour class from a team of educators from Tri-care, the Exceptional Member Family Program, and the Health Benefits Administration. The class covers illness prevention, symptom evaluation, health maintenance, using professional health care, and



Fort Huachuca Pharmicist explains medication instructions to a Soldier at the health center.

self treatment using common remedies and overthe-counter medications.

The goals of the Self-care Program at Fort Huachuca are to minimize the demand for provider visits for treatment of minor illness, conserve mission and training time, and enhance the operating efficiency of installation's health systems.

According to the preventive medicine program, the most recent outcomes of an active duty population using the Self-care Program for the time period of September 2004 through February 2005 are:

- (1) more than 10,000 soldiers attended self care classes.
- (2) more than 2,600 health care provider visits
 - (3) more than 800 provider hours were saved.
- (4) net 6-month cost avoidance was \$173.000 with a cumulative net 12-month cost avoidance of \$297,000.

The Soldier Self-care Program is not meant to replace the expertise of a health-care provider, but is intended to help participants make informed decisions about caring for their own health. Self care is not self treatment rendered for a medical condition that is beyond the scope of minor illness or injury.

For more information the Soldiers self care program contact the health center at 553-3536. A class is given every Tuesday.

Sergeants Major Academy welcomes first Afghan

ARMY NEWS SERVICE

The opening ceremony Aug. 12 for the U.S. Army Sergeants Major Academy Class 56 included a number of firsts.

The class, with a total number of 648 students, included its first Afghan sergeant major.

Beto O'Rourke, El Paso District 8 representative, was on hand to honor the students with a proclamation by El Paso Mayor John Cook and the city council

proclaiming Aug. 12 as Sergeants Major Academy Day. The proclamation was for the many hours volunteered to the El Paso community by USASMA students over

Sgt Maj. of the Army Kenneth O. Preston first shared some brief words with Class 56 about the Army's ongoing transformation of its active and reserve components, before telling students that one of them could be the next sergeant major of the Army.

Col. David J. Abramowitz, USASMA commandant, gave his first opening ceremony speech, assuring students they would learn much from their classmates and experiences together.

"You will never forget your classmates, and after you graduate you will have created a bond that will last forever,"

One of the students, Command Sgt. Major Roshan Safi, was not only the first man in his province to join the Afghanistan National Army, but also the first man in his country to attend the U.S.Army Sergeants Major Academy.

During the Taliban's repression, Safi left his home for Iran where he studied English. After the Taliban's fall, he went back to Afghanistan to join the Afghanistan National Army.

"I joined because I hope for a better

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Health center plans Children's Health Fair

SCOUT REPORTS

Fort Huachuca will be holding a back-to-school Children's Health Fair from 8 a.m. to noon on Aug. 27 at the Raymond W. Bliss Army Health Center.

The fair will cover several areas for participants.

Schools and sports physicals are available by appointment during the fair. Call 533-9200 to reserve an appointment.

The CRASH Team will be there

to provide car seats and bike helmets to needy families on a first come, first serve basis.

The Behavioral Health Department will be there to provide information on various topics, such as dealing with deployments and peer pressure.

The Fort Huachuca Fire Department will be holding fire and safety demonstrations.

The Physical Therapy Department will be conducting hands on demonstrations and training on pre-

venting sports injuries as well as testing children's feet for proper running shoe fit.

Army Community Services will be presenting "Kid's on the Block."

The Pathology/Radiology department will be offering tours and hands-on demonstrations.

The pharmacy will be available to answer questions on medications and the dietitian will demonstrate how to make a healthy brown-bag lunch and healthy snacks.

The fair will also feature a bike

rodeo, where participants can get a complete operations and safety check on their bikes. Briefings about Arizona bike laws and safety practices will also be available.

A jumping castle and the military police DARE officer will also be present at the fair.

There will also be a raffle (no purchase necessary) where participants can win a free sports bag.

For more information about the fair, call Selina Jeanise at 533-5668.

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life for my people," said Safi. "We had a very bad time under the Taliban regime. People were selling their children for food. The families were starving, so it would be better to sell one to [allow the others to] survive. Afghanistan was not like this before," he said.

Safi said when U.S. forces first started building the Afghan army, the anti-militia forces would drop letters in villages at night to warn them against joining the Army.

"After my basic training for 70 days, I went back

and I heard they killed my brother," he said. "My brother is dead, but now there are thousands of people safe."

Safi started as a supply sergeant, then moved on to take the position as battalion command sergeant major. He later was selected as the brigade command sergeant major.

After his stint at the brigade, he attended the Kabul Military Training Center and then was selected to attend the U.S. Army's Sergeants Major Course.

Command Sgt. Maj. Mark Spencer from the Ver-

mont National Guard was Safi's mentor while he was stationed in Afghanistan. He said Safi was chosen to attend the course because he could read and write in English and he has a lot of good leadership ideas.

"We thought he was the best in the enlisted part of the army to make some changes in the Afghan culture and in the Army. During our time together, we traveled to a lot of different parts of the country and we saw some of the needs and we felt he was the future for that army to support Afghan democracy," said Spencer.

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Virtual staff ride: traveling thousands of miles via a classroom

TRADOC NEWS SERVICE

Students at the Command and General Staff College will have the chance to travel thousands of miles to study the battlefields of Iraq this upcoming school year – without ever setting foot beyond a classroom.

The Operation Iraqi Freedom Virtual Staff Ride, developed by Fort Leavenworth's Combat Studies Institute, uses a combination of satellite imagery and digitally built environments to transplant students onto actual Iraqi battlefields for a first-hand look at the OIF campaign.

"A staff ride is a detailed examination of a battle or campaign," said Lt. Col. Jeffrey Gudmens, CSI staff-ride team chief. "It's one of those rare classes where you get to really look at one spot in history and analyze it."

Staff rides are built on the idea

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that being at an actual location – seeing the terrain and understanding the context – allows students to better comprehend what happened and why in a specific battle or event.

"You can go to the battlefield and you can sit there and get in the commander's head," Gudmens said. "You are on the same piece of ground – the commander made the decision right here. Right or wrong? What's the importance?"

While CSI has been doing staff rides for years, taking students to battlefields like Gettysburg, Little Big Horn and Chickamauga, the OIF virtual ride is unique in that it provides access to battlefields that are presently inaccessible.

"Our staff ride is done just like every other staff ride we do. The only difference here is, just because we can't physically go to Iraq, we do it here with the virtual piece," said Maj. Kevin Kennedy, CSI staff ride facilitator. "The students will see the actual terrain, and it's as close as we can get without having the bad guys shooting at us," Gudmens said.

Another unique aspect of the virtual course is that its source material comes straight from field commanders who participated in OIF, providing living, breathing accounts of what took place.

"What we did was interview primary sources such as the leaders who participated in the campaign," Kennedy said. "One of the differences now vs. a campaign in 1863 is that the guys who led OIF are still alive for interviews, and we can get primary source information literally from the horse's mouth."

The graphic developers of the OIF Virtual Staff Ride built the virtual Iraq with painstaking attention to detail and faithfulness to accuracy. Digital battlefields are identical to their corporeal

counterparts, right down to the vegetation – fidelity that helps the students feel like they are actually there

"This really lets you see what it looks like for the guys on the ground. It's the same thing we try to do any time we go out on a regular staff ride," Kennedy said. "It gives us a good appreciation for what the terrain was like, what the nature of the fight was like ... much better than what we could ever do just by flashing a map."

Students in the OIF Virtual Staff Ride course can follow the path of the 3rd Infantry Division all the way from Kuwait to Baghdad, or the route of the ill-fated 507th Maintenance Company ambushed near An Nasiriyah March 23, 2003.

"(Students can see) the spot where the 507th Maintenance Company got ambushed ... this is

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Civilian of the Month for August announced

SCOUT REPORTS

Karin Frere has been selected as the Fort Huachuca civilian of the month for the month of August. The 14year government employee serves as the Ancillary Service secretary at Raymond W. Bliss Army Health Center, serving a catchment area of nearly 30,000 beneficiaries.

She performed a variety of administrative and support duties such as office management, travel arrangements, files management and reports for the Ancillary Services Department, comprised of three departments, Pharmacy, Radiology, and Lab. Frere also served as recorder for Ancillary Department meetings, receives calls, maintains status reports, suspense date for matters requiring compliance, time cards, and other similar administrative duties.

She was cited for her attention to detail, innovative approach to clerical work, and ability to keep her supervisors informed is unparalleled and the departments she works with would not have been nearly as successful without her input.

Frere's accomplishments in the six months she has held her position include: serving as the recorder for at least eight Ancillary (PLX) weekly, monthly, or quarterly meetings (Pharmacy Staff, Radiology PI, Pathology PI, Pathology Staff, Medication Management FAAT, Medication Use Evaluation(MUE), Pharmacy & Therapeutics (P&T), Infection Control, Radiology PAT, etc).

Frere recorded the minutes at these meetings, scheduled the meeting room, emailed reminders to personnel on date and times, prepared the agenda and committee folders, gathered statistics presented for the committee meeting, and ensured final approval from the committee chairperson.

Other nominees for the award were: Deborah L. Gearty,

civilian test officer, intelligence specialist, Patrick B. McCathern, logistics management specialist, CSLA, Paul Spranger, range controller, DPTMS.

Frere will receive the use of a car for one month from Lawley Chevrolet; gift certificates from Sierra Vista merchants; a desk plaque from CPAC; an MWR certificate for lunch or dinner from a Fort Huachuca establishment; a wall plaque from the Sierra Vista Chamber of Commerce; and her name, as civilian of the month, posted at the Main Gate.

Nominate your deserving employee for Fort Huachuca civilian of the month. Per FH Reg 690-5, all permanent appropriated fund and non-appropriated fund employees are eligible with the exception of employees officially assigned as supervisors (GS-10 and above) and senior executive service personnel. Contact CPAC, 3-5273, for further information.

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Fort Huachuca's MWR Director Dennis Markuska



Photo by Esau Lolis

MWR Director Dennis Markuska (right) talks with Sports and Fitness Chief Leslie Woods about new gym equipment at Barnes Field House. Markuska took over as the MWR Director in early July.

The following interviews were recorded by reporter Esau Lolis on Aug. 15.

What are the problems you've seen here?

Dennis Markuska, MWR Director: I don't necessarily think that I've seen problems. What I see here is maybe lack of processes. We have a lot of good people trying to do a lot of good things but we don't have the right processes in place so that we can be consistent with what we are doing. We will run hot and cold in a specific area and those are the things that I am going to focus my attention on. To get the processes in place, let the people understand what the processes are, and then hold them accountable for following those processes so that we can get a consistent product across the board.

Getting a good outdoor recreation program is on the front burner now. Outdoor recreation is just a main stay; such as organizing trips, getting some decent rental equipment in our rent area, rental of skis during the winter and organizing programs that utilize those services. We are looking at purchasing some recreational vehicles.

How do you get to your managers that you will not tolerate sloppy, poor handling of receipts? Is that one of your main things, making sure is that the money accounted for?

Absolutely, one of the first things that I did when I got here was I had all the front door manager and all the division chiefs in and I gave them what is basically my philosophy on how I run things and how I want things to run. One

thing that I stressed was integrity. Integrity to me is that you don't compromise on integrity. There is no - you kind of have integrity you either have it or you don't. All managers are going to be held responsible for that because the expectation is integrity. I told every one that as far as I'm concerned every one has a clean slate with me. But here's the standard, here is what I expect out of you, and those are the standards I expect you to adhere to and if not, I'm not averse to taking whatever disciplinary action that needs to be taken.

Will there be more audits?

Yes, I don't know if there will be more audits? But there is going to be more internal control over use. Going back to processes, I challenge my internal review person to go out there and establish these processes. Basically, this is how it

is going to work. The bowling center is a good place to start. We are setting up procedures for how we deposit money from the time money goes to the cashier until it comes back in. We are setting up and documenting those procedures. They are going to have a copy of it down at the bowling center and my internal control person will have a copy of it. My internal control person will go down their on a regular basis and do a review of how they are doing things. They are to follow the process. If they deviate from the process, then they are held accountable. If they follow the processes, and something goes wrong, then it comes back on us because we haven't established good processes. So we are going to establish the processes but we're going to hold the manager and the employees responsible for follow-

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ing those processes.

Why are managers leaving?

Not right now. We are pretty solid right now. You constantly have managers leaving and you constantly have rotation of personnel and we have to understand that. We have to make sure that we have the processes in place so that we can handle a manager leaving. And yes, there is going to be a little bit of a hiccup but processes are in place so that everything continues as it should.

What is one of your goals by Jan. 1?

One of my goals is to have a MWR magazine in place that will consolidate and market our programs. That is real high on the list. The other one is setting processes that we talked about. Especially the DAR process.

A year later?

Common levels of support is one of the high initiatives right now. I think a lot of our challenges will be in aligning ourselves with the common levels of support to make sure that we have a consistent program with the funding that we'll receive for the MWR program. "Common levels of support," is an IMA initiative that is saying that we are going to fund you, the installation, x amount of dollars at a certain level and at that level we expect you and particular programs,

like the recreational programs to have these programs in place because these are the programs we are funding.

What will make the axe fall?

The way that they have it set up right now, is that they are deciding at the Department of the Army level what the important programs are. We may have a program that falls out of that priority. We will have to do an assessment and at the time we will have to say well that might not be a Department of the Army priority, however, for Fort Huachuca, that is very important and we will go back and possibly ask for an exception on that. Or we'll possibly say no, guess what? That may have been a program that we're doing here but the level of participation may not merit us continuing that program.

When you came in did you find a somewhat demoralized MWR staff? A staff that was looking for a different mode of leadership? A staff that was like "We don't care what you are going to say, this is what we prefer"?

Can I answer that with all of the above? And that's basically what it is. You come into it new, and some people are ready for change, they are going to jump in, they are going to do it. Some are out there that just quite aren't sure, and they are the

people that I have to convince that this is the right way to do it...Will we have to make some more changes? Yes, quite possibly we will have to make some more changes with some people. But, that's just the way it is. Again, I got with them all and they had plenty of time for questions and answers afterwards. My management style is that I try to convince people that this is the way we should do it, and this is the right way to do it and hope that they see that that is correct then if they don't then take the action necessary to go ahead to either make the change or encourage them to find employment elsewhere. We have to establish a standard. We have to maintain that standard and there can't be deviations from that. If people want to continue to go out and do the wrong thing, then this isn't the place they should be working.

Col. Jonathan Hunter, garrison commander, also commented:

We are absolutely thrilled that [Dennis Markuska]is on board and he has made an immediate, immediate impact. The right person at the right time. He is just going to continue a strategy to make major improvements throughout MWR.

What I've seen is a hands on approach at the grass roots level. Dennis is in the facilities hands on. He brings an exceptional financial background and MWR management background. I can just see things happening already. Making decisions, making changes, understanding where challenges lie and some of the causes of them. He comes in with suggestions on how to deal with them. Everything from the financial management side, business operations side, customer service. They are exactly the hallmark of Dennis' style.

Audits are an internal control tool that you use to not only find problems, but to use to confirm that things are going well. Dennis can certainly leverage the capability of the external audit. He has an internal capability, but he can get external eyes on it and I will frequently have the auditors check various places, not just MWR, just to tell me that we are doing things great. It is just a tool, a check and balance.

What's even more important, is that its soldier's dollars now, treat it like a check book, treat it like your own personal money. You don't leave money laying out; lying in the seat of your car when you go somewhere. So you shouldn't lay money out in any facility. Treat it like your own personal money, and you want to take care of it.

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Range Closures

Today – AA, AB, AC, AD, AE, AF, AK, AM AP, AQ, AU, AV, AW, T1, T1A, T2, T3

Friday – AA, AB, AC, AD, AE, AF, AP, AU, AV, AW, AX, T1, T1A, T2, T3

Saturday – AA, AB, AC, AD, AE, AF, AM, AP, AU, AV, T1, T1A, T2, T3

Sunday – AA, AB, AC, AD, AE, AF, AP, AU, AV, T1, T1A, T2

Monday – AA, AB, AC, AD, AE, AF, AG, AH, AL, AM, AP, AU, AV, AW, T1, T1A, T2, T3

Tuesday – AA, AB, AC, AD, AE, AF, AG, AH, AK, AL, AP, AQ, AR, AU, AV, AW, T1, T1A, T2, T3

Wednesday – AA, AB, AC, AD, AE, AF, AG, AH, AK, AL, AP, AR, AU, AV, AW, T2, T3

For more information on range closures, contact Range Control at 533-7095. Closures are subject to change.

Office closure

The Directorate of Public Works will be closed for their annual organizational day today (this includes the Housing Office). If you have an emergency work order, please call 533-2623. For routine work orders, please call the next business day at our regular number.

Korea Orientation

There will be a Korea Orientation

meeting at 6 p.m. on Aug. 25 at the Army Community Services building. The meeting is free, but those interested in attending should register at the Army Community Services at 533-2330. For more information, call Amarylis Silva at 533-5919.

AFTB Level II classes

Army Family Team Building will offer Level II AFTB classes 5:30 - 9 p.m., today, Aug.30 and 31 at Murr Community Center, Building 51301.

AFTB Level II is a series of classes that range from understanding Army life to enhancing leadership skills.

The classes are free but please preregister with Army Community Service at 533-2330 or 533-3686, or email huachuca aftb@hotmail.com.

For more information, call Cheryl Patterson at 533-3686.

Newcomer Welcome

There will be a Fort Huachuca Newcomer Welcome meeting at 9 a.m. on Friday at the Murr Community Center. The meeting is free, but those interested in attending should register at the Army Community Services at 533-2330. For more information, call Pamela Allen at 533-5919.

AFA offers half-price memberships

Catholic

This offer enables E-1s through E-4s to join AFA for a discounted an-

nual fee of \$18-half off the regular yearly price of \$36. We're excited about increasing the opportunity of young Airmen to join our association.

By joining AFA, members receive 12 monthly issues of Air Force Magazine, the professional journal of the association. Members can also take advantage service, travel services, access to a "members only" online community and more. For more information, go to their Web site at www.afa.org.

Interested in becoming an Army Officer?

This year the Army has expanded the selection criteria for Officer Candidate School, which is covered by AR 350-31. In addition to changing the maximum age for applicants to 42 (up from 30), the Army has delegated the selection authority down to the commanding general level for FY 06 classes.

USAIC&FH will be holding a special OCS board on Oct. 12-14 at Murr Recreation Center. If you are interested in applying for this special program, you need to see your commander or S-1 for more information or call Rosalie Monge at 533-1503. Packets must be turned in no later than Oct. 5 in order to be considered and boarded for this program. (All Signal Soldiers should contact the NETCOM G-1 for details).

The next regular quarterly OCS Board will be held on Dec. 14 at Murr Recreation center. Contact Rosalie Monge for more details.

Program honors Soldiers, veterans

The U.S. Army invites Soldiers to nominate their personal support team for Army "Freedom Team Salute" commendations.

"FTS" gives Active, Reserve, and National Guard Soldiers an opportunity to thank parents, spouses, and employers for the support and strength they provide while the Soldier serves in the Army.

As a special thanks to veterans, the Army would like to send them a "Freedom Team Salute" recognition packet for their dedicated service and continued support of today's Soldiers.

Commendation packets contain a certificate of appreciation and letter of thanks for Soldier support, a limited edition pin, and Army decals.

To learn more about the program or to register on-line, visit the "FTS" Web site at www.freedomteamsalute.army.mil.

Those who seek information or want to register, and are without computer access, can call the U.S. Army Intelligence Center and Fort Huachuca Public Affairs Office for assistance.

Chaplain's Corner

Protestant Sunday Services Episcopal Main Post 8 a.m. 9:20 a.m. Kino Chapel Gospel 9:30 a.m. Protestant Prosser Village Cross Roads Cochise Theater 11 a.m. Collective Main Post ALPHA Prosser Village 3:30 p.m. **Roman Catholic Worship** 11:30 a.m. Main Post Mon.-Fri Saturday 4 p.m. Main Post Confession Main Post Saturday 5 p.m. Mass Sunday 9:30 a.m. Main Post Mass Sunday 11:30 a.m. Kino Chapel

Catholic							
1	Main Post Chapel						
(CCD	Sunday	10:45 a.m.				
A	Adult	Sunday	10:45 a.m.				
A	Apologetics						
A	Adoration of the	Friday	3 - 6 p.m.				
5	Sacrament Blessed						
	Korean OCIA	Friday	7 p.m.				
N	MCCW	1st Friday	7 p.m.				
Protestant							
1	Main Post Chapel						
F	PWOC	Tuesday	9 a.m.				
5	Sunday School	Sunday	9:30 a.m.				
<u>I</u>	Kino Chapel						
7	Women's Ministry	1st, 3rd Friday	6 p.m.				
I	Bible Study Fellowship						
A	Adult/Youth	Sunday	8 a.m.				

Sunday School

Youth Church	1st, 2nd, 3rd, 5th Sunday					
Men's Choir	Tuesday	7 p.m.				
Rehearsal						
Women's Choir	2nd Tuesday	7 p.m.				
Rehearsal						
Adult Bible Study	today	6 - 7 p.m.				
Youth Bible Study	today	6 - 7 p.m.				
Sanctuary Choir	today	7 p.m.				
Rehearsal						
Youth Ushers	Saturday	10 a.m.				
Youth Choir	3rd Saturday	10:30 a.m.				
Youth Emphasis	4th Saturday					
Saturdays						
Drama Team	Saturday	8:30 a.m.				
Youth Min. Staff	Saturday	10 a.m.				
& Parents Meeting						
Youth Choir	Saturday	10:30 a.m.				
Rehearsal						
Murr Community Center						
Teens and	Sunday	9:20 a.m.				
Pre-teens Study						
Parish Council	1st Sunday after service					

Meetings								
Women's Mir	nistry 2nd	Sunday						
Meetings								
Youth Ministr	ry 3rd	3rd Suday						
Meetings								
Adult Usher	4th	4th Sunday after service						
Meetings	Meetings							
Men's Minist	ry Satı	Saturday 8 a.m.						
Bible Study	Bible Study							
Women's Cho	oir 5th	5th Saturday 11 a.m.						
Rehearsal								
Muslim Prayer								
Friday	11:30 a.m.	Main P	ost					
Buddhist Weekly Teaching								
Tuesday 6	:30 p.m	Prosser	Village					
Orthodox Divine Liturgy								
Sunday 1	0 a.m	Main Po	ost					
Latter Day Saints Service								
Sunday	l p.m.	Prosser	Village					

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7 p.m.

Main Post

Mass

Jewish Worship

Friday

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EMPLOYMENT, from Page A3 -

and Family Support Center, and the Department of Labor.

"It was easy to create an account," said Christine Jumper, an Army spouse who lives near Fort Lee, Va. "I had immediate access to the skills profiler which was great."

The diversity of employable military spouses is an important factor for the corporations involved in the program, said Teresita Rivera, manager, Employment Readiness Program, for the Army family support

"These partners are looking for good talent and they know that they can find it on the MSJS Web site," Rivera said.

As a pre-requisite for access to Military Spouse Job Search, employers must be an inducted partner or accepted new partner in the Army Spouse Employment Partnership.

Current inducted partners include Adecco USA, Army and Air Force Exchange Service, Army Career Alumni Program, Army Civilian Per-

sonnel, BellSouth, Boys and Girls Clubs of America, Computer Systems Corporation, CVS/pharmacy, Defense Commissary Agency, Dell, EURPAC Service Inc., Hospital Corporation of America, Home Depot, Lockheed Martin, Manpower Inc., Merck & Company, Sears Holdings Corporation, and Sprint.

PETS, from Page A3

said. On post it's mandatory for pets to be implanted with an identification chip.

Another danger is rattlesnakes, but it's more of a problem living out in open land. They are dormant during the winter, but in the summer time they pose more of a problem.

"Indoor dogs," she said, "will have less of a chance [of getting bitten] than dogs running loose on a farm." Rabies is a problem with bats; they are assumed to

have rabies until proven otherwise. "A rabbit was bit by a bat, and died. Don't think it's not an issue," she said.

Bigger animals can be a problem as well. Problems with coyotes are seldom encountered on post, but skunks are a bit bolder, and carry rabies.

"They are the biggest carriers of rabies in Arizona," she said. "Rabies is endemic. That means it's all over the place, here all the time not 'crops up and goes

away," she said. Skunks will fight back if provoked, and will walk right into a residential area. "They love dog food and garbage," she said.

All pets on post have to be vaccinated and registered. Truesdale recommends vaccinating ahead of time to build immunity; if a pet gets bit on the day of vaccination, it can still get rabies.

For more information, please call the veterinary treatment facility: 533-2767.

MWR, from Page A3 -

the storage lot to prevent plants from growing back.

Those who store their vehicles at the facility, must ensure that they park where instructed because there have been recent

instances of vehicles being towed away or impounded.

Barnwell also recommends that if his customers are planning on storing a vehicle during the winter months that they take

measures to ensure fluids do not freeze.

Patrons of the storage lot receive a 7-digit code that allows them to access the lot whenever they desire. The outdoor storage

lot is located just behind MWR Rents just off of Irwin Street.

If you hold an ID card that makes you eligible to use MWR facilities, you can use the storage lot.

Advertisement

August 25, 2005 huachuca-www.army.mil

Packing a military duffle bag; tips for a faster flight

SCOUT REPORTS

Combat boots frequently trigger airport detection alarms. Once an alarm goes off, airport security personnel must find and inspect the item causing the alarm.

All too often, Soldiers pack their boots at the bottom of their duffle bag, forcing security personnel to have to completely unpack and repack the bag. To facilitate these inspections while reducing the disruption to the packed items and inconvenience to the military member, airport security personnel recommend the following sequence for packing the military duffle bag.

Priority placement,

from bottom to top:

- 1. Soft clothing, rolled and taped.
- 2. NBC gear, shaving gear, books, papers, food items, (unopened) MRE's, etc.
 - 3. Electronics, such as

computers, electric shavers, video game consoles, etc.

4. Boots, mess gear and helmet.

For a list of prohibited items and other travel tips, got to www.tsa.gov/public/index.jsp.

RIDE, from Page A6 -

one of the stops we use to talk about what happened in the campaign," Kennedy said. "We aren't just looking at mistakes, though, because there were a lot of great things that happened you want to sustain and build upon. There were a lot of lessons that came out of OIF because adaptive, innovative thinkers were able to overcome challenges."

The virtual staff ride launched its pilot course last year at CGSC, and Kennedy said the feedback from the students was overwhelmingly positive. "We got comments saying this was the best course they took at CGSC to help them prepare for future deployments," Kennedy said.

In addition to providing the OIF staff ride to CGSC students, Kennedy said the course will eventually expand beyond Fort Leavenworth.

"We're also developing a portable project to take this show on the road as we get requests," he said. "We do staff rides for the entire Army, and that is what is in the future for the OIF Virtual Staff Ride."

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Fort Huachuca celebrates Women's Equality Day

For Women's Equality
Day, the Fort Huachuca
Scout would like to pay
tribute to women who
work on post.

Right: Army contractor equipment operator, Judy Meade hard at work at East Post Warehouse. "Fort Huachuca is a great place to work" said Meade. " I have been working on post for the last 27 years and enjoy being outside rather than being stuck in an office." (Photo by Esau Lolis)

Below: Spc. Carolyn Reeves, with the 518th TIN Platoon, watches a hardware installation instruction. (Photo by Dan Simon)

Below right: Nurse Pat Marshall checks the oxygen saturation level in the blood of a patient. (Photo by Spc. Marcus Butler)







Women's Equality Day luncheon slated for Aug. 31st

SCOUT REPORTS

Fort Huachuca's Military Equal Opportunity Office is slated to host a Women's Equality Day luncheon, open to the public, from 11:30 a.m. to 1 p.m., Aug. 31 at the Thunder Mountain Activity Centre

Women's Equality Day commemorates the

passage of the 19th Amendment in 1920, which extended voting rights to women in the United States.

The luncheon's featured speaker will be Kyla M. Macario, an educational psychology and instructive technology doctoral candidate and staff member at the University of Arizona's University Teaching Center.

Tickets for the luncheon are \$10. Ticket sales will cease after Aug. 26.

For tickets and additional information, call the Fort Huachuca Equal Opportunity Office at 533-1717/3696, 111th Military Intelligence Brigade Equal Opportunity Office at 533-3672, or 11th Signal Brigade Equal Opportunity Office at 533-5502.

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| \(\) (\) (\) (\) (\) August 25, 2005

U.S. Soldier becomes U.S. citizen



Spc. Alqua Light pumps out pushups during the Army Physical Fitness Test portion of the NETCOM/9th ASC NCO/Soldier of the Year Competition.

BY ERIC S. HORTIN

NETCOM/9TH ASC PUBLIC AFFAIRS

Spc. Alqua Light, an administrative specialist, of the 9th Army Signal Command, completed a journey that started several years ago, culminating August 4, in Tucson. Her reward for completing the journey was a simple piece of

paper with very meaningful words: "Certificate of Naturalization."

Light was born in Bedford, England. When she was 11 years old, she came to the United States with her mother. Her memories of England are varied, ranging from walking in snow and rain to a small school two or three miles away through a small town with

hotos by Staff Sgt. Jefferey Troth

Spc. Alqua Light plots points on a military map during the Land Navigation portion of the NETCOM/9th ASC NCO/Soldier of the Year Competition.

thatched roofs, to the old toilets with the overhead tank and pull-chain. As the memories fell farther and farther behind, Light's desire to become an American citizen manifested.

"I thought about citizenship many, many years ago, even before joining the U.S. Army," Light said. "It was always something I thought about, and I wanted, but I guess you could say I was not motivated enough to actually follow through."

The process of becoming a U.S. citizen isn't easy, and it isn't quick. Like many who immigrate to this country, Light was hesitant to tackle the system.

"It was horrible," Light said.
"The people who worked there
were not customer service
friendly, and they treated you like,
'You're not from here.' They
weren't helpful at all."

Then the world changed. After living in the states more than 11 years, Sept. 11, 2001, changed her, and motivated her to re-double her efforts.

"That's when I pretty much knew – 100 percent – I wanted to

be a United States citizen," Light recalls. "The way I felt and the way it affected me, seeing what happened to our country.

"It was at that point when I was like, 'OK. This is my country. This is my home. I want to be a citizen."

Coming to Fort Huachuca gave her another opportunity to restart the process of citizenship. Going through the adjutant general office at Whitside Hall, Light used the military resources available to assist Soldiers in the naturalization process. While she waited for each step in the process – because citizenship still takes time – the chain of command encouraged her to challenge herself more and more.

Light gives credit to her chain of command and a very understanding husband for her success. Some changes in the naturalization process designed to make things easier for Soldiers applying for citizenship also helped her.

To make sure Light's citizenship progressed quickly, she also received her own ceremony in Tucson rather than have her wait for a large ceremony. The day would prove to be an emotional one for her.

"We had a change of command earlier that day, and I was in the color guard," Light remembers. "When I heard the National Anthem play, I had to try my hardest not to cry.

"It (taking the oath of allegiance) was a very emotional experience, and I thought I was going to cry; but I could not stop smiling. I was smiling so much my cheeks hurt."

"This is something she's wanted for a very long time," her husband Lawrence said.

"I have to say it was one of the happiest days of my life," Light said. "I was very, very excited. Even now, when I think about it, I get this ridiculous smile

"It's an awesome feeling, knowing this is my country now."

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Service News







Photo by Petty Officer 2nd Class Brian P. Biller

South China Sea

The guided missile destroyer USS Paul Hamilton travels in the South China Sea, Aug. 14. The ship was en route to the Philippines phase of Cooperation Afloat Readiness and Training 2005. The annual series of bilateral military training exercises with several Southeast Asian nations is designed to enhance the interoperability of the respective sea services.

Advertisement

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Ultimate sacrifice paid in support of OIF

Two soldiers who were supporting Operation Enduring Freedom died on Aug. 18 in Kandahar, Afghanistan, when an improvised explosive device detonated underneath their HMMWV during ground assault convoy operations. The soldiers were assigned to the Army's 864th Engineer Combat Battalion (Heavy), 555th Maneuver Enhancement Brigade (Provisional), Fort Lewis, Wash.

Killed were:

1st Lt. Laura M. Walker, 24, of

Sgt. Robert G. Davis, 23, of Jackson, Mo.

Sgt. Michael J. Stokely, 23, of Sharpsburg, Ga., died on Aug. 16 in Baghdad, Iraq, where an improvised explosive device detonated near his dismounted patrol. Stokely was assigned to the Army National Guard's 1st Battalion, 108th Armor Regiment, 48th Brigade Combat Team, Griffin, Ga.

Brentwood, N.Y., died on Aug. 15 in Aug. 14 in Tuz, Iraq, of injuries sus-Mosul, Iraq, when he was conducting security operations and enemy forces using small arms fire drove by his position in a civilian vehicle. Ruiz was assigned to the Army's 3rd Battalion, 21st Infantry Regiment, 1st Brigade, 25th Infantry Division (Stryker Brigade Combat Team), Fort Lewis, Wash.

Three soldiers who were supporting Operation Iraqi Freedom died on Aug. 15 in Al Mahmudiyah, Iraq, when their HMMWV accidentally rolled over into a canal. All three were assigned to the Army National Guard's 1st Battalion, 108th Armor Regiment, Calhoun, Ga.

Killed were:

Sgt. Thomas J. Strickland, 27, of Douglasville, Ga.

Spc. Joshua P. Dingler, 19, of Hiram, Ga.

Sgt. Paul A. Saylor, 21, of Norcross, Ga.

Three soldiers who were support-Spc. Jose L. Ruiz, 28, of ing Operation Iraqi Freedom died on tained on Aug. 13 in Tuz where they were conducting a mounted patrol. Their HMMWV came under attack by enemy forces using rocket-propelled grenades and small arms fire. All three were assigned to the Army National Guard's 3rd Squadron, 278th Armored Cavalry Regiment, McMinnville, Tenn.

Killed were:

Staff Sgt. Asbury F. Hawn, II, 35, of Lebanon, Tenn.

Spc. Gary L. Reese, Jr., 22, of Ashland City, Tenn.

Sgt. Shannon D. Taylor, 30, of Smithville, Tenn.

Spc. Toccara R. Green, 23, of Rosedale, Md., died on Aug. 14 in Al Asad, Iraq, where multiple improvised explosive devices detonated near her unit during convoy operations. Green was assigned the Army's 57th Transportation Company, 548th Corps Support Battalion, Fort Drum, N.Y.

Spc. Rusty W. Bell, 21, of Pocahontas, Ark., died on Aug. 12 in Taji, Iraq, of non-combat related injuries. Bell was assigned to the Army's 603rd Aviation Support Battalion, Aviation Brigade, 3rd Infantry Division, Hunter Army Airfield, Geor-



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Visit ITR for your entertainment, leisure and travel needs

The MWR Information, Tickets and Reservations Office is ready and willing to assist you in planning your leisure activities.

ITR has discount tickets available for Disneyland, SeaWorld, Universal Studios, the Titan Missile Museum and the San Diego Zoo, to name a few.

In addition to discount tickets, ITR currently has several exciting offers available, including Arizona Cardinal football packages.

The 2005 NFL season begins Sept. 11, and the Cardinal's first home game is set for Sept. 18. ITR has packages available for all the Cardinals NFL home games.

The packages include one night's accommodations at the Amerisuites in Tempe, breakfast buffet, tickets to the game of your choice and transportation to and from the stadium. Prices start at \$112 per person.

The packages are for one to four persons per room, and are available for the following games: Sept. 18, vs. the St. Louis Rams; Oct. 9, vs. the Carolina Panthers; Oct. 23 vs. the Tennessee Ti-

tans; Nov. 6 vs. the Seattle Seahawks; Nov. 27 vs. the Jacksonville Jaguars; Dec. 11 vs. the Washington Redskins; and Dec. 24 vs. the Philadelphia Eagles.

Get the 2006 Entertainment Book (covering Tucson and Southeastern Arizona) and receive more than \$21,400 in local savings and \$10,000 in travel savings. ITR has the books for sale at the discounted price of \$35.

ITR also has the 2006 "Tucson Passport to Savings" books on sale for \$15. These books contain money-saving, two-for-one offers from area attractions such as Kartchner Caverns, Old Tucson Studios, Pima Air and Space Museum and many more.

Tickets for the following events, at the Tucson Convention Center, are available now at ITR: Sept. 17, industrial metal group Nine-Inch-Nails; Sept. 18, the Black Crowes; Sept. 19, the Dalai Lama; and Sept. 20 - 25, "Little Women."

Making cruise reservations, with Carnival, Celebrity and other cruise lines, is another service added recently at ITR.

ITR has information about <u>www.GovArm.com</u>,



the Government and Armed Forces Travel Cooperative. <u>Gov.Arm.com</u> provides leisure and vacation travel services for government and military personnel, including retirees, at discounted rates. Services range from condominium rentals, cruises, vehicle rental and hotel reservations, to golf discounts and vacation packages.

Membership is free. Your local MWR receives money for each purchase you make. You can book online or over the phone. Join today and check out the many travel and leisure options <u>GovArm.com</u> offers.

For more information, call 533-2404 or drop by ITR Office, Building 70914, at the corner of Irwin and Hunter Streets. They're open 9 a.m. - 5 p.m., Monday - Friday and 10 a.m. - 2 p.m., Saturday.

New hours at MWR facilities

The following hours of operation go into effect Sept. 1 at these MWR facilities.

The Sportsman's Center will be open 9 a.m. - 6 p.m., Wednesday - Sunday.

The MWR Arts Center will be open noon - 8 p.m., Tuesday - Thursday and 9 a.m. - 5 p.m., Friday and Saturday.

Desert Lanes will be open 9 a.m. - 10 p.m., Monday - Thursday, 9 a.m. - 11 p.m., Friday and Saturday, and 9 a.m. - 9 p.m., Sunday.

Jeannie's Diner will be open 6:30 a.m. - 10 p.m., Monday - Thursday, 6:30 a.m. - 11 p.m., Friday, 8 a.m. - 11 p.m., Saturday, and 8:30 a.m. - 9 p.m., Sunday.

Several facilities open Labor Day

Although many MWR facilities will be closed Labor Day, Sept. 5, the following will be open for your convenience:

Buffalo Corral Riding Stables will be open 9 a.m. - 4 p.m. for open riding. Mountain View Golf Course will be open 6:30 a.m. - 6 p.m.; and Jeannie's Diner will be open 11 a.m. - 10 p.m.

Desert Lanes will be open noon - 10 p.m., Sept. 5, and will offer bowling for the special reduced price of 75 cents per game, and shoe rental also for 75 cents.

Barnes Field House will be open 8 a.m. - 5 p.m. and Eifler Fitness Center will be open 9 a.m. - 5 p.m., Labor Day.

Sign up for youth dance classes

The SKIES *Unlimited* program is currently accepting students for two new dance classes.

The Combination Dance Class, which includes ballet, tap, jazz, baton and acrobatics, will begin Sept. 7. The class will be broken into four separate age groups, and youth ages two months to 18 years may attend. The program fees and class location are dependent upon age group.

The Hip Hop Dance class will be held 4:30 - 6 p.m., every Saturday, beginning Sept. 10, at the School Age Services Building. This class is open to youth ages 9 - 18, and the program fee is \$35 per month.

For more information, call SKIES Instructional Program Specialist Robin Gabert at 533-0710.

Amateur boxing at BFH Sept. 10

MWR will offer you the opportunity to enjoy amateur boxing at its roots, when "Desert Thunder Boxing" comes to Barnes Field House, starting at 7 p.m., Sept. 10.

Get there early, because admission is free and the good seats will go fast. See Fort Huachuca Soldiers go head-to-head in hard-hitting boxing competition. For more information, call Les Woods at 533-5031.

Art classes to resume in September

The "Little Hands" children's arts and crafts program will resume Sept. 3. The program is of-

fered from 10:30 - 11:30 a.m., Saturdays at the MWR Arts Center. The program is open to children age 5 - 12.

Each week, participants fabricate a different craft. The upcoming schedule is: Sept. 3, water-color; Sept. 10, ceramic painting; Sept. 17, window color; and Sept. 24, rain stick.

Cost of the Little Hands program is \$6 per class or \$10 for two classes.

"Kids' Thursday" classes will also resume in September, Thursdays, 3 - 5 p.m. The schedule for the next two classes is: Sept. 15, oil slick paper painting and Sept. 22, pottery wheel.

Cost of the program is \$7.50 per child and all materials are included. Pre-registration is required.

A new pottery class will be held 10 a.m. - noon, Sept. 3, 10, 17 and 24. The class is for all levels of students. Cost is \$55 and includes all materials.

You can register for these classes at the MWR Arts Center, Building 52008 on Arizona Street. For more information, call 533-2015.

10K Run set for Sept. 24

The Reservoir Hill 10 Kilometer Run, the final event of the Sports and Fitness Multi-Sport Summer Series, is scheduled for 7 a.m., Sept. 24. Entry forms are available now at Barnes Field House, or on-line at www.active.com.

For more information, call Michelle Kimsey at 533-3180.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com

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Movies

The Island plays at 7 p.m. today at Cochise Theater. For the complete listing of this week's movies, see Page

Commander's Cup season update

SCOUT REPORTS

The commander's cup season is winding down with three contenders matched in close competition for the 2005 title.

Last year's winners, B CO, 305th MI, are currently trailing in third place with 735 points second place MEDDAC with 805 points and leading the pack in first place is JITC with 860 points.

The last sport of the Commander's Cup season, volleyball, began last Thursday and will wrap up with a championship tournament next week.

And while the 2005 Commander's Cup season is winding down, the 2006 season kicked off Monday with football. The season doesn't officially begin until the first week of September though.

Each unit still can accumulate points by attending representative meetings. It could still make a difference in who will win this year.

"Unit participation is key" says sports and fitness specialist Michelle Kimsley. "A lot of it is having a good unit representative" she continued.

Kimsley says she wishes that there was more AIT Soldier participation in the program adding that she could schedule sporting events around their training schedule. The building of the Eifler Sports Plaza eliminated transportation issues for nearby units.

The 2-10-2 Biathlon was held on post Saturday as part of the 2005 Multi-Sport Summer Series. The physically demanding event featured a two-mile run followed by a 10mile bike ride and ending with a two

Nearly 100 Soldiers and civilians participated. Matt Lorenz, a member of the All-Army Cycling Team, won the in the Army male division with a time of 49:04. Carlos Hernandez won the male civilian title with a time of 50:32. Susan Galish won overall Army female with a time of 59:32 and Patricia Klepinger won over all civilian female with a time of 57:55.

The 10k Reservoir Hill run is the next event in the 2005 multi-sports series and will be held at 7 a.m Sept.

Athletes push themselves in 2-10-2 biathlon

BY ROB MARTINEZ

SCOUT STAFF

Ninety-eight athletes from all over Cochise County tested their endurance Saturday by running two miles, biking 10, then running two more miles in a biathlon sponsored by the Morale Welfare and Recreation Center.

It had been two years since the last biathlon, and this was the first time doing the series all in one summer. The race followed the Steelhead Triathlon and precedes the Reservoir Hill 10-kilometer Run. The run is scheduled for September 24, will complete the series.

Karlie Hale guided the athletes to the correct lanes as they began and returned from each event on a closed paved track near Libby Army Airfield, on Fort Huachuca.

Hale said Morale Welfare and Recreation put it on and did the marketing, which she contends, resulted in the event's vast success and high turnout. Barnes Field House staff set up the course.

"The amount of participation is good," she said. "I wouldn't have asked for a better staff to put it on."

The athletes were presented with 1st, 2nd, and 3rd place medals for each age category. The age range was from 12 to more than 50.

The categories were further broken down into individual male and female participants, co-ed teams, and the overall winner for civilian and active duty athletes.

Spc. Marc Ellis, of the 36th Army Band, was one of the active duty representatives, and was pleased with his performance. His goal was to finish in one hour and 10 minutes, and he beat it by five minutes.

"I do mostly mountain and road biking," he said. "Running is my weak point, but I think I did well overall.'

The 556ths Maintenance Co.'s Capt. Tina Street took 3rd place in the 20-29 age category for individual females. She said she was not surprised with

"This area draws more of an athletic crowd," she said. " More people like to train in the high elevation.

"This is true competition."

Soldiers compete in second round of Military Idol

BY ROB MARTINEZ

SCOUT STAFF

Fort Huachuca held its second stage of the Military Idol competition, but this time with a couple of new twists - music and audience voting.

The military's version of the popular TV show "American Idol," allowed the audience to vote this time around, and the singers could have background music.

One of the judges, Jeremy

Howe, from the 36th Army Band, believed the latter would inspire more interest from the audience, compared to the a capella performances from the contestants in the first round.

"They get accompaniment," he said. "The audience will get into it better. You've got the rhythm and groove of the song."

The audience did 'get into it.' Idol judge Araceli Sierra-Mandy, of the Communications Electron-

See IDOL, Page B7



effery B. Eidson, Co. B, 86th Signal Bn., performs in round two of Military Idol.

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First Rainy Race in 19 years for the 'Town Too Tough to Die'

BY 1ST LT. ANDREA-BERNADETTE **PRATT**

11TH SIGNAL BRIGADE PUBLIC AFFAIRS OFFICER

After 18 consecutive years of temperate races, the annual "Tombstone Vigilante Stampede" finally witnessed its first cold and rainy event on August 14. Runners of all ages were completely soaked during both the 2K and the 10K runs, among them, a few Soldiers from Fort Huachuca.

"It did rain for one of the years, I remember ... and there was only a little bit of water on the wash over there," pointed Steve Reeder, a member of the Tombstone Vigilantes and main coordinator for the last 18 out of 19 Vigilante Stampedes. "We ended up just holding off the race about 30 minutes, and then that was it ... it didn't affect the runners one bit. This is the first year with rain like

Don Branaman, a 67-year-old runner from Tucson, has finished all 19 Tombstone Vigilante Stampedes and took second place for his age category this year, "it certainly does (make the run) most memorable," he shivered slightly under his soaked umbrella and running clothes.

"It probably shaved a little bit of time off [my run time]," he said, "but it was still a great race, and I gave it my best effort."

Branaman and his girlfriend (who took first place in the 60-69 age female category) "do every race we can find in Arizona.

"I'd say we've done about 1,500 races in the last 28 years," he said. "We try to do between 60 and 70 races a year, occasionally going to New Mexico and California."

Branaman started running 29 years ago, and hasn't missed a single day of running since, and still considered this rainy race "a tough one."

Maj. Mark Moss, 504th Signal Battalion Operations Officer, is another runner who jogs daily.

"I could run all day," he said. "I try to do at least an hour a day, seven days a week."

Moss' tally is close to 11 miles a day, and personnel who work with him jokingly admit that it does seem like he is physically out and running whenever he is not in the office. Maj. Moss and his wife, Kim, enter a lot of



Castro Melchor was the first runner to cross the finish line in the rain with a time of 36 minutes 32 seconds

"We do the races on (Fort Huachuca), in Tucson, the San Pedro, the Bisbee Stair Marathon ..." Kim recounted. They have done most of the races in the area more than once.

This was the third Vigilante Stampede for the Moss family.

"I did the 10K the first year, and have done the 2K these last two

years," Kim said. "The route for the first year was different than these last two." Her husband chimed in "they still feel like they're almost all uphill, though!"

Some of the runners who entered the race last year agreed that the

See RACE, Page B7

Sierra Vista 50th Anniversary



Countdown: Sierra Vista turns 50 in 39 weeks

EDITORIAL COMMENT:

The City of Sierra Vista will celebrate its 50th anniversary, "More than a city—a way of life," May 26-28, 2006. In support of the city's celebration, each month until the celebration weekend, The Fort Huachuca Scout will run one reprinted article from the 1955 and 1956 issues of the "Fort Huachuca Scout", showing what fort life was like 50 years ago. Each week, we'll print one or more highlights of what happened on Fort Huachuca a half century ago.

Sierra Vista was founded in 1956 and annexed Fort Huachuca in 1971. Now, as in the past, the two entities worked together and are involved in many partnerships.

The Fort Huachuca Scout has been in publication for 54 years since 1951. Morgue copies of the "Scout" are available for 3015 Carnahan Street, across the street from the gazebo at the west end of Brown Parade Field. Call 533-2622 for additional information.

Enjoy reliving Fort Huachuca's past 50 years, and reminisce as we travel back in time. - Joan Vasey

Reprinted from "The Huachuca Scout," August

This issue was dedicated to the National Guard **Team Commander Declares Summer Camp Big Success**

From the standpoint of enthusiasm of the men, participation of the officers, and support from General Lenzner and his staff, Colonel Frederick R. Stofft, Commanding Officer of the 158th Regimental Combat Team declared the summer Camp a big success.

Ninety-two percent of the regiment, 2,019 officers and men, participated. Men achieved a higher degree of training proficiency than ever before. The Governor's Day parade with the post troops was declared one of the finest shows the men have put on.

The 158th Regimental Combat Team was completely self supporting while on maneuvers at Fort Huachuca except for the use of M-48 tanks loaned by the post command.

A best mess award was presented daily to the outstanding mess of the National Guard during their summer encampment. A plaque representing the best mess symbol was awarded every day after medical and food service inspections to the mess hall adjudged to have the best "chow".

Bridge Building

In just three days - 18 hours work in all - the members of the 213th Engineer Company of Globe and Miami built a 150-foot timber trestle bridge weighing 56,000 tons. Forty members of the company reported for the task of building a permanent structure for the post at Fort Huachuca as part of their on-the-job training at the National Guard encampment. The 15-ton capacity bridge spanned the mouth of Huachuca Canyon.

Fort Queen Visits Guard Companies

Miss Irene Goodale, Huachuca's selection as its candidate for Queen of the Cochise County Fair, visited the National Guard companies, and rode with the dignitaries in the Governor's Day parade. She appeared at a Guard dance, participated in their talent show, visited the mess halls and dined with soldiers.

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B2

Arizona Tourist —

History lessons hidden in Texas Canyon

BY AMANDA KEITH SCOUT STAFF

Time travel takes on new dimensions at The Amerind Foundation: the museum, located in the back roads of Texas Canyon (between Benson and Willcox), offers visitors a look into the archaeology, art, history, and culture of Arizona.

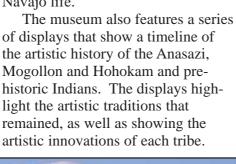
The main showcase of the museum is the "Images in Time" exhibit, a permanent display of American Indian artifacts, from red stone effigies to a model teepee, that tell the history of the American Indians through the art they left behind.

Other exhibits in the museum emphasize this theme; in the "archaeology" room, dolls, an ancient

hairbrush, along with dried corn and tools are materials that have been recovered from caves that offers small clues as to how the Navajo and Hopi Indians lived.

Another exhibit of note is the pottery of Silas and Bertha Claw, which showcases their pottery style; in lieu of a traditional "pot," the Claws make pottery in the form of animals, plants and scenes from rural Navajo life.

of displays that show a timeline of the artistic history of the Anasazi, Mogollon and Hohokam and prehistoric Indians. The displays highlight the artistic traditions that remained, as well as showing the





The Amerind Foundationis surrounded by the rocks of the Texas Canyon.

The Amerind Foundation also includes the Fulton-Hayden Memorial Art gallery (entrance is included with the admission fee), which currently features an exhibit Navajo/ Diné artist Melanie Yazzie.

The Texas Canyon surroundings also provide scenic walkways and photographic opportunities; a picnic area is also available for visitors. Texas Canyon itself is a remarkable rock garden with a geology different from the areas surrounding it.

Hours:

The museum is open year around, Tuesdays through Sundays from 10 a.m. to 4 p.m. The museum is closed on Mondays and most major holidays.

Prices:

Admission prices for the museum are as follows: for adults, the fee is \$5, for seniors (60+), the fee is \$4, for youths (12-18), the price is \$3 and for children under 12, admission is free. A group rate of \$3 per person for groups of 8 or more is available if the parties pre-register by calling (520) 586-3666.

Getting there:

To get to the Amerind Foundation, from the main gate, take a left onto and continue on Highway-90 until you reach Interstate 10. Head east toward Benson for approximately 20 miles until the Dragoon Road exit. Take a right onto Dragoon Road and



The entrance to the main museum of the Amerind Foundation.

follow the signs to the museum. Parking is free and available around the grounds.

Editor's note: information for this article was taken from the Amerind Foundation Web site at www.aremind.org.

Ask the Dietitian —

Snack attack; not a healthy way of life

BY CAPT JENNIFER L RODRIGUEZ

REGISTERED DIETITIAN

Snacking is a way of life, especially for kids. Children tend to get the bulk of their calories from frequent snacking versus three square meals each day. In fact, a child's stomach is significantly smaller than an adults and eating smaller more frequent meals is best to ensure they get the nutrients they need to grow.

With that said, it is important to offer healthful snacks instead of the sugary, nutrient lacking foods. Most kids snack on packaged and processed foods which offer little or no

nutritional value and are loaded with sugar and fat. Typical snack foods include candy, cookies, chips and soft drinks.

Better snack choices will eliminate "empty calories" and keep kids energized. Fruits and vegetables make great snacks and offer loads of healthy vitamins and minerals. Low fat cheese, nuts, baked chips, and low fat yogurt are also better snack choices.

One hundred percent fruit juice, low fat milk and water are the best beverages to offer kids. Although juice is a healthier alternative to sugar rich sodas, be sure to limit juice to no more than 12 ounces each day. Juice does contain high amounts of sugar and can contribute to excess calories and tooth decay.

Don't think fat free foods are a better choice either. Some fat free foods have more sugar added and can be higher in calories than the original product. Read food labels and be aware of extra sugar.

BE a role model for your kids. They are more likely to eat healthful foods if they see you eating well, and eating healthy is an added bonus for you and the entire family. Happy Eating!

Rodriguez is a registered dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to jennifer.rodriguez1@us.army.mil.

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B5

BOSS program

The BOSS program is having a Chaplains' Tubing Trip in Tucson.

The date will be determined at a later time. The trip will cost \$25. Transportation will be

If you are interested in attending, please contact Chaplain McFarland at 533-4911.

Organizational Meeting

The 111th MI Bde. will be holding a Skeet & Trap Organizational meeting at 5 p.m. on Sept. 1 at the Sportman's Center.

For more information, call Carl Jensen, 533-7085.

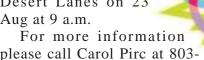
Labor Day riding

Buffalo Corral will be open on Labor Day for open riding from 9 a.m. to 4 p.m. Please call for rates. For more information, call Debra Wilson at 533-5220.

Women's Bowling League

The Huachuca Women's Bowling League

starts Sept. 6 at 9 a.m. Women who would like to bowl are invited to attend our bowlers meeting at Desert Lanes on 23 Aug at 9 a.m.



6608 or email carol.pirc@cox.net.

Annual Post Golf Championship

Mountain View Golf Course will be hosting

the post golf championship at 8 a.m. on Sept. 10 and 11. The cost is \$50 per player.

For more information, call Vern Kizer at 533-

USAWOA 5th Annual Golf Scramble

The Fort Huachuca chapter of the U.S. Army Warrant Officer Association is hosting their 5th annual golf tournament on Sept.17.

Proceeds from this tourna-

ment will go to the David M. Heckman Memorial Scholarship Fund.

This program provides financial assistance to deserving high school seniors and first and second year college

Golf Course in Benson.

students in their pursuit of higher education. The tournament will be held at the San Pedro

Pre-registration can be done any time before Sept. 10. The tournament is limited to 36 teams,

For more information please call 533-4843, 533-8657 or 533-4081.

Bike rental and repair

Sun n' Spokes of Sierra Vista is offering bike rental and repair of customerowned bikes on Fort Huachuca from 4:30-6 p.m. on Monday-Friday and from 10 a.m.-2 p.m. on Saturdays at the Eifler Fitness Center.

For more information, call Sun n' Spokes at 236-5969 or visit their Web site at snsbikes.com.

Football packages available

Football packages for the Arizona Cardinals home games from Sept. 18 to Dec. 24 are available at the ITR office, building 70914.

Packages start at \$112 per person and include one night's hotel accommodations Amerisuites Tempe, Ariz. breakfast buffet, tickets to the game and transportation to and from the stadium.

For more information, call Brenda Briscoe at 533-2404.

Lost and Found

The Fort Huachuca Military Police lost and found currently has numerous adult and children's bicycles available for return to their owners.

The lost and found also has several wallets and ID cards.

If you are missing any of the above, please call Ariana Barrios or Amber M. Gonzalez of Military Police Investigations at (520) 533-8830/

The lost and found office is located in Building 31122, Rm. 179.



Cleo is a 3-year-old Rottweiler who needs a family who can spend more time with her.



Tyson is an approximately threemonth-old Queensland Heeler. Courtesy photo from petfinder.com.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

At The Movies

Showing at the Cochise Theater for the next week are:



Today -7 p.m.

The Island

PG-13

Friday -7 p.m.

The Devil's Reject

Saturday -7 p.m.

Charlie and the Chocolate Factory

Sunday -2 p.m.

Charlie and the Chocolate Factory

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source. Tune in to our news block hours at four convenient times throughout the day.

Fort Huachuca's Channel 97 will discontinue airing of the weekly Fort Report for a short period of time. Spc. Nate Ludwig, the broadcaster in charge of the report, has left the Army and a civilian replacement has not yet been hired. The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.



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RACE, from Page B2 -

course was challenging enough without the rain adding to the potholes, slippery effects, and weight of their running clothes. "This year is especially memorable," said Harry Haines, another member of the Tombstone Vigilantes, "first time in 19 years to look like this."

Surprisingly, no one was injured after trudging through several washes, some filled with water up to

their calves. Almost 240 runners (70 more than last year) entered the race this year, to include about 50 from Fort Huachuca. Moss and Donald Pratt, who took third place for his age category this year, both from the 504th Signal Battalion used the event to help them train for the upcoming Army 10-Miler in October.

Most of the runners were very

accomplished. It was easy to see how many marathons some of them had under their belts by their t-shirts, or their conversations about running, but nothing stopped just about all of them from shaking their heads at how oppressive the weather had become.

No matter how experienced the runners were, they mutually agreed that this year's weather enhanced the experience, making it a much more memorable accomplishment. The fact that it was the first rained on race in its entire 19 year history made it especially memorable for the "Town Too Tough to Die" as well. For all of the race results, and for more information on Tombstone's Vigilante Days, you can go to www.tombstonevigilantes.com.

IDOL, from Page B1 -

ics Life Cycle Management Command's Acquisition Center, said that there was a significant rise in audience numbers, "It'll be stand up room only next time. Look how many people are here."

Judging for this round relied more heavily on the audience's response.

"Some can really work the audience" Sierra-Mandy said. "That's what I love. Get people standing on the chairs, you did something right."

Expectations were high, and

the age-old adage, "It gets easier the second time around" did not seem to apply to most of the singers. Laura Doty, of MEDDAC, said she was still nervous, but had realized that the other contestants were a bit nervous too. Still, she found a way to quell her apprehension; she explained, "If you're friends with the competition, it's better. I feel better now that I'm getting to know people."

But, casualness was not her only concern, she said, "I hope they dim the lights so I look better."

The 556th Maintenance Company's Sgt. Dushaune Gaines said she felt it was similar to the last contest, and she was grateful to her unit: "There was a lot more support. I was still nervous," she said.

The next Military Idol round, the finals, is scheduled for September 30 at the TMAC beginning at 7:30 pm.

Results: The following individuals will participate in the

final round of Military Idol, Sept. 30.

Jeffery B. Eidson, Co B, 86th Signal Bn.

Saquawia V. Funderbeck, Co A, 305th MI Bn.

Thor Tristan Campbell, 269th Signal Co.

Jeramie Kramer, Co A, 86th Signal Bn.

Awanda Williams, Co A, 309th MI Bn.

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Dushaune Gaines, 556th Maintenance Co.

Advertisement

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